

Dermer
Dreams
Fighting
Hunger...
One Bag
at a
Time
in
VT

Fighting Hunger...
One Bag at a Time!

DERMER
DREAMS

We Collected &
Delivered
634,545 lbs.
of food!

Hi Neighbor!

My name is _____ and I am a member of BHS Heroes, the Burlington High School community service club. We are participating in the Dermer Dreams Neighborhood Captain program as a team of 30 students to organize a food drive in the community. We are in charge of distributing a total of 800 Dermer Dreams donation bags, organizing the collection of the bags, and delivering them to the Burlington Food Shelf. Please fill up your bag and place it by your front door **no later than 9:00am on Saturday, February 24th when I will return to pick it up.**

Let's work together to fill our local food bank and fight hunger in our community!

Below is a list of items you can place inside your Dermer Dreams donation bag.

Canned Proteins (tuna, chicken, beans, etc)
Pantry Staples (flour, sugar, shelf-stable side dishes)
Peanut Butter & Jam/Jelly
Cereals & Oatmeal
Canned & Dried Fruits
Canned Vegetables
Canned meals (ex. soups and chili)
Boxed Meals (Mac & Cheese, Hamburger Helper, etc)

Pasta & Pasta Sauce
Rice
Shelf-stable Juice
Portable, ready-to-eat snack foods
Cooking Oil & Spices
Toiletry Items (toothbrushes, toothpaste, shampoo, body wash, etc)
Diapers, Baby Food & Formula
Feminine Hygiene Products

no later than
this time
please!

Your Donation Bag Pick-Up Starts:

9:00am on Saturday, February 24th

For questions email: bsheroes@bsdvt.org

